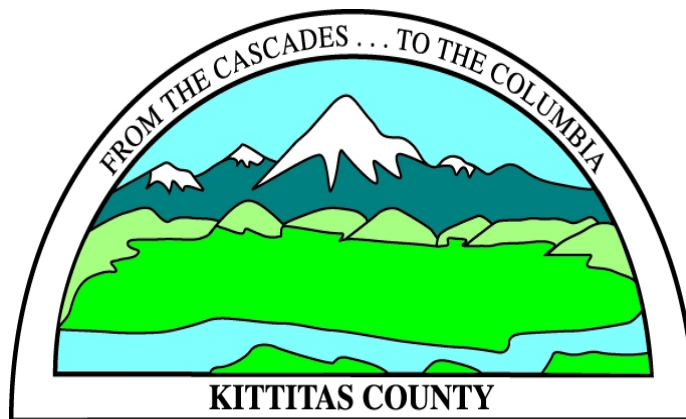


KITTITAS COUNTY PUBLIC HEALTH DEPARTMENT

“PROTECTING AND PROMOTING THE HEALTH AND
THE ENVIRONMENT OF THE PEOPLE OF KITTITAS COUNTY”

Quarterly Report
October 1 – December 31, 2005



PUBLIC HEALTH
ALWAYS WORKING FOR A SAFER AND
HEALTHIER KITTITAS COUNTY

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ACTIVITY REPORT
KITTITAS COUNTY PUBLIC HEALTH DEPARTMENT
4th QUARTER, 2005
October 1 – December 31, 2005

I. Comments from the Health Officer: Dr. Rosalie Miller

II. Administrator's Report: Nancy Goodloe, Ed. D., CHES

- ◆ **Departmental:** The 4th quarter of 2005 provided incredible opportunities and challenges for me as we experienced almost a complete turnover of staff in Environmental Health (EH). At one point, I was doing food inspections, handling the EH Director duties, and carrying out my Administrative duties at the same time. The challenges were immense, but the opportunity to learn about the EH processes and functions was amazing, and I realized immediately how much stronger I could be as an administrator with the knowledge and experience I was gaining. We ultimately hired a new Food program technician, a new EH manager, and a new On Site Sewage technician. All staff were in place by January 2006. As a result of this experience, I will be able to orient our new manager with much more confidence and authority when she arrives in January.

One of the positions we lost was that of our PH Clerk in Environmental Health. As part of an on-going county discussion of strengthening and smoothing out the permitting processes in the Permit Center, I offered to work with Community Development Services (CDS) administrative staff to transition these clerical processes for EH staff support onto CDS staff. We started the process prior to the holidays and are still working to smooth out all of the issues. I believe the resulting product will be a very efficient system, but we are not where we want to be with those processes as of this writing.

Another departmental issue in this quarter was getting the county commissioners to approve our proposed 2006 budget. We had four meetings with the commissioners and eventually were given some of the staffing additions we had requested for 2006. Overall, our proposed budget for 2006 is \$1,532,215, a 2% increase from 2005.

- ◆ **Statewide Activities:** None to report. I was working on EH stuff.

III. Administrative Services and Vital Records: Susan Merrill, Administrative Assistant II

Vital Records - Statistics

	1 st QTR	2 nd QTR	3 rd QTR	4 th QTR	Total 2005	Total 2004	Total 2003	Total 2002
Births	74	68	71	78	291	292	321	301
Birth Certificates Issued	259	307	255	171	992	910	900	838
Deaths Registered	49	56	55	47	207	237	222	265
Certified Copies of Deaths	259	195	308	222	984	995	835	1101
Home Births Registered	0	1	0	2	3	3	9	7
Fetal Deaths	1	1	3	0	5	0	2	1

- ◆ **Vital Records:** From October through December, Pam Bailes and Kay Kenison issued 171 certified birth certificates, 222 certified death certificates, registered and signed 47 death certificates for Kittitas County deaths, and collected information on the number of births (i.e., 78) in Kittitas County.

Death certificates for September, October, and November were sorted and transmitted to the State in order to be registered. Records are reviewed for correctness, listed monthly, copied, and mailed.

- ◆ For the fourth quarter, administrative staff scheduled, checked-in, and completed paperwork for approximately 1120 clients receiving immunizations and consultations, as detailed below:
 - 35 overseas travel clients for consultations
 - 390 immunization clients at our regular health clinics (a third are children's flu shots)
 - 625 adults for flu vaccine at flu vaccination clinics
 - 50 people for TB tests
 - 3 clients for HIV/Hepatitis C testing and results
 - 15 head checks for lice
 - registered many people for food handler classes
 - reissued several food handler cards
- ◆ **Flu Clinics:** Major time and effort went into our various flu clinics during the 4th quarter. We conducted a mass flu vaccination clinic/emergency preparedness drill on October 20th at the high school for high risk clients, in-house flu clinics for high and low risk clients, and provided flu shots to paramedics, fire fighters, and city employees at our department and to nursing home patients through off-site visits by our nurses.

We are indebted to Kay Kenison and particularly Pam Bailes for fielding 1000s of calls from people seeking flu shots, scheduling the 100s of clients eligible for flu vaccine at the various flu clinics, as well as, for allaying the high anxiety felt by many clients participating in the October 20th mass flu clinic in having to depart from tradition and receive their flu vaccine in a new locale and a mass clinic at that. A key to the success of the mass flu clinic was the gracious, calming, and empathetic guidance provided by Pam and Kay to our clients, many of whom are elderly.

We worked very closely with our Community Health Services staff in doing the month-long planning, preparation, and actual production of our mass flu vaccination clinic. With experience from previous years' flu clinics, Kay Kenison provided much-appreciated leadership in planning the clinic, as well as, organizing the administrative logistics for this clinic.

Simultaneous to the large flu clinics, administrative staff conducted their usual business: regular, very full health clinics at the department, provision of our vital records service (for birth and death certificates), and support to department staff.

- ◆ **Travel Surveys:** In conjunction with the travel consultations, Pam Bailes mailed 6 overseas travel surveys to a random sample of travelers who had had clinic appointments during the third quarter. Pam conducts this survey every quarter to get feedback from clients about the quality of their travel consultation at our department. 5 out of the 6 surveys were completed and returned. Overall results were: 4 rated overseas travel services excellent; 1 rated overseas travel services good. There were no survey comments.
- ◆ **Newsletters:** Pam Bailes copied and mailed 300 community health newsletters.
- ◆ **Administrative Budget:** Susan Merrill assessed and researched equipment needs, options, and costs for new copiers, networked printers, and a postage meter. Susan revised the proposed 2006 administrative budget to accommodate her recommendations for the purchase of new equipment in 2006.

- ◆ **Hotline for I-901 Tobacco Calls and Complaints:** Susan Merrill set-up the hotline for I-901 tobacco calls and complaints. I-901 is the recently passed state tobacco initiative as part of the Clean Indoor Air Act. The hotline number is: (509) 933-8245. It is used by Health Promotion staff to receive calls from individuals who want to know where they can smoke or from businesses that have questions about the new law.
- ◆ **Archiving:** In December, we learned that our application for a \$20,000 state grant for archiving purposes had been approved (from the State of Washington Secretary of State's Office).

With the grant award and other supplemental funding, we will be able to archive the backlog of Public Health records that have accumulated over the past 30+ years. We have an enormous backlog of records approximating 225,000 and extending as far back as the early 1960's that will need archiving and/or permanent retention. The majority are Environmental Health records for on-site sewage systems, wells and water systems, restaurants, pools, parks, and camps. These documents record the permits, inspections, and licensing activities that provide record of compliance with the regulatory requirements in Washington State.

- ◆ **Structural Changes in Environmental Health:** Administrative staff worked extraordinarily hard and restructured their duties for three weeks so that they could run both Public Health's (PH) main front office and the front office at Environmental Health (EH) after JoAnne Tower left her EH clerk position. This work included transitioning the EH front desk duties to a Community Development Services "permit technician" in attempts to streamline permitting processes at the Permit Center.

With the loss of the EH clerk who had handled much of the work related to food handler permits, PH administrative staff assumed responsibility for scheduling all food handler classes and reissuing food handler cards, and Health Promotion staff assumed responsibility for food handler database entries.

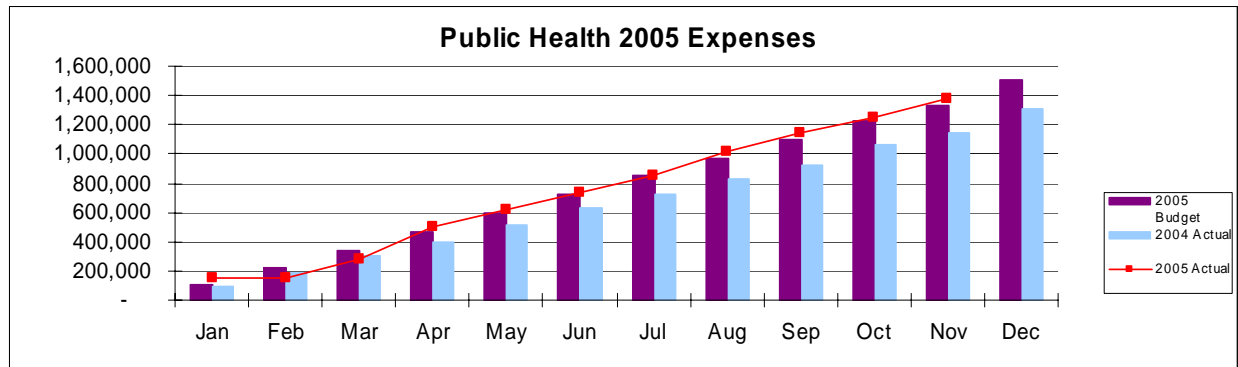
- ◆ At the beginning of December, our Administrative Division was faced with a backlog of work stemming from our large flu vaccination clinics and extra work associated with the loss of staff in Environmental Health. The backlog consisted of client-related database entries and billing for approximately 1500 clients. But by the end of December, much of this backlog was completed by Pam Bailes and Kay Kenison, with temporary assistance from Deb Sandvig. For some comparison, though there was a similar number of clients who received immunizations and testing this year compared to last year, because of Deb's temporary help along with exceptional work by Kay and Pam, the backlog customarily experienced in the fall/winter will be completed in January compared to late spring (a gain of four months).

The work encompassed by the abovementioned backlog is paper and online processing and accounting, and is a major undertaking. It consists of the following stages:

- sorting [i.e., extensive filing into 15 categories for date, alphabetical name, Medicare, self-pay, Medicaid, ADDS, CMA Day Care, Kittitas County (KC) paramedics, City of Ellensburg (by departments), Fire District #7, KCFD #2, Thorp FD #1, and KC Sheriff's Office].
- sorting [matching fee slips with signature forms].
- inputting data into the Child Profile database.
- inputting records into the MER* database.
- inputting data into the Medicare database.
- billing Medicare and local agencies for reimbursement.
- filing signature forms.
- filing fee slips.
- *MER = "Medicaid-eligible ratio" which is a reimbursement calculation derived from matching client records with Medicaid records.*

IV. Financial Overview: Lynn Borngrebe, Business Manager

- ◆ The focus for 4th quarter was getting the budget approved by the BOCC. After reworking to accommodate the changes in staffing, it was approved in November.
- ◆ As you can see by the chart below, provided by the Auditor's office, we have stayed true to our budget expenditures this last part of the year. A projection of revenues shows us ahead of budget by 30% in fees and permits. We will also be over by 50% on Medicaid Match revenues that will be billed in first quarter 2006.



V. Bioterrorism and Emergency Preparedness: Jerry Harris, RN, ERS; Colleen Riley, ERS

Goal One: Refine and update local response plans by creating and conducting drills and exercises at the regional, local and departmental levels.

- ◆ Our greatest activity this quarter was planning and carrying out our flu vaccination clinic on October 20th. This was based on our Strategic National Stockpile Plan, and was a test to see what planning, equipment and personnel would be required for a mass vaccination of all county residents. This was done using the Incident Command System, led by Bonnie Corns, and Directed by Anna Canterbury. All staff were assigned through ICS. Seven external agencies were involved, including Search and Rescue, CERT, CWU EMT students, RSVP, the Senior Center, ARES/RACES, and the Ellensburg School District. Approximately 300 vaccinations were given to elderly and high risk patients.. Based on this exercise, the SNS Plan will be modified and updated to accommodate needed projections for the future. The exercise was run efficiently, was streamlined and comfortable for the clients. A letter of appreciation was written to the Daily Record by a local citizen praising these efforts. Our goal is to plan for inoculation of all citizens in a three day period.
- ◆ All staff were trained by Chief Rich Elliott of EFD in the NIMS system. IS 700.
- ◆ Colleen Riley serves on a Region 7 exercise Planning Committee that meets bimonthly.
- ◆ Quarterly SNS plans are submitted to the state by Jerry Harris.
- ◆ Colleen Riley has continued work on the development of Job Action Sheets for ICS compliance.

Goal Two: Facilitate and track training in Emergency Preparedness and Response for the Health Department staff.

- ◆ The majority of staff attended IS700 NIMS training given by Chief Rich Elliott, or taken IS700 on-line. The Department is in compliance at this time with NIMS education.
- ◆ Colleen Riley has been identified as the contact for the Department for Learning Management System training and record keeping. This will begin in 2006.

- ◆ The GORI system of evaluation has been put in place with the Disaster Preparations team.

Goal Three: Local surveillance of Communicable Disease will be maintained in collaboration with Region 7 Epidemiologist.

- ◆ The Pandemic Flu Plan has been revised, updated and submitted to DOH as required by Region 7 by Nancy Goodloe.
- ◆ A Veterinary Emergency response specialist, Dr. Mike Fuller, has been included in the Emergency Management Council.
- ◆ Flash-fax capability to veterinarians has been put in place and is used for CD information as well as for medical updates.
- ◆ PHIMS training was completed in December by the CD Staff, EH Specialist and CHS Manager. This web-based system will allow for improved communication and real-time data transfer between KCPHD, the Region 7 Epidemiologist and the Washington State Department of Health. We are poised to go-live as soon as DOH makes it possible.
- ◆ The Region 7 Epidemiologist is informed by phone or email as appropriate whenever we discover a suspect or confirmed communicable diseases.
- ◆ The Region 7 Epidemiologist informs the CHS Manager and the CD Nurse by phone or email as appropriate in cases of Regional outbreaks of communicable diseases.

Goal Four: Organize regular meetings and networking opportunities to strengthen partnerships in disaster preparation.

- ◆ Monthly Emergency Management Council meetings are set up, notification to interested parties are made and agendas established by Jerry Harris in coordination with EM Director, Fred Slyfield. This group meets at 9:30 am on the third Wednesday of each month.
- ◆ A new group, PIG (Pandemic Influenza Group), has been created for all interested leadership in the county. This meets monthly, following the EM Council meeting.
- ◆ Jerry Harris attends the Wenatchee PIG meeting monthly.
- ◆ Colleen Riley and Jerry Harris attend monthly PHEPR meetings for Region 7.
- ◆ Colleen Riley is a representative on the Hospital Region 7 committee which meets monthly
- ◆ Jerry Harris is a member of the EMS Council which meets every two months.
- ◆ Jerry Harris attends the Fire chiefs meetings, which meets every two months.
- ◆ Jerry Harris serves on the Board of Red Cross as co-chair, for disaster management. Kay Kenison also serves on the Red Cross Board, and Colleen Riley serves as a member of the Disaster Action Team.
- ◆ Colleen Riley and Jerry Harris have encouraged the development of a new committee, the Joint Leadership Disaster Committee, which meets monthly with KVCH and long term care administrators to discuss specific problems relating to disaster such as surge capacity and collaboration of facilities to meet large medical demands.
- ◆ Jerry Harris has worked with ARES/RACES members to establish an MOU for communication assistance in a disaster. This group participated fully in the Oct 20 flu clinic, with representatives at the HS and the Health Department. This was our first active exercise involving the group.
- ◆ A Family Support Group has been set up at the Health Department to deal with problems associated with disaster response. This group meets every other month.
- ◆ A taped forum was held at City Chambers on Pandemic Flu. Nancy Goodloe participated with EM directors. This tape is available for loan to the public, and was run on Channel Two over the holidays.
- ◆ Jerry Harris was interviewed by a group of CWU students for a disaster preparedness project they were compiling local information for.
- ◆ Colleen Riley and Nancy Goodloe completed work on the Emergency Handbook for staff which has been in the works for over two years. This was distributed with PH staff and shared with other department heads in the county to consider as a possible model for them
- ◆ Disaster planning and respiratory etiquette materials in Spanish were provided to the free clinic this quarter.

- ◆ Jerry Harris was a resource to the author of Town talk, a newspaper column, on Disaster preparedness.
- ◆ Lynn Borngrebe prepared a disaster pack demonstration for staff or families to use for short term emergencies.

Goal Five: Participate in multi-system emergency communications network.

- ◆ KCPHD participates in the monthly system testing of SECURES, which is the alerting system used by DOH to notify local public health of a Health Alert from either the CDC or DOH.
- ◆ KCPHD is prepared to utilize PHIMS to communicate with DOH and regional partners in cases of emergent CD responses.
- ◆ Jerry Harris has attended the Fire Chiefs bi-monthly meetings where KITTCOM is available for conversation about specific needs for, or modifications to, communication issues.
- ◆ Over a several month period, there has been collaboration with ARES/RACES radio operators. Representatives have attended our department exercises and played an active role in the flu clinic exercise in October. They had a full set up of equipment and were used throughout the exercise to communicate with a member stationed at the Health Department. This was an excellent training opportunity for all of us.

Goal Six: Develop and distribute educational materials to the public on topics of emergency preparedness and pandemic flu.

- ◆ Colleen Riley wrote flyers on Pandemic flu and disaster preparedness that have been distributed at our presentations.
- ◆ Colleen Riley and Jerry Harris have distributed Respiratory Etiquette materials and over 1500 magnets throughout the community this quarter.
- ◆ Nancy Goodloe and Colleen Riley have developed PowerPoint presentations on pandemic flu that have been used at all of our presentations as listed above.
- ◆ Colleen Riley and Jerry Harris have written three Daily Record articles and an article for the Chamber of Commerce newsletter on disaster preparation.
- ◆ Colleen Riley has put together disaster preparation materials for the county web site.

Goal Seven: Educate the general public in topics of disaster preparedness, emerging threats, and techniques and tools for responsible personal preparation.

- ◆ Colleen Riley met with several local stores to discuss supply procedures in a disaster. Colleen, Jerry Harris and fire and EM directors met with Fred Meyer to discuss the same. Our community is supplied by just-in-time methods which could prove very difficult in a disaster.
- ◆ Public Health and other stakeholders led a Community Forum on disaster preparedness in October.
- ◆ Jerry Harris led a group of Senior Service agencies in a discussion of disaster planning. The need for a specific plan was emphasized and these agencies are continuing work in this area.
- ◆ A very well attended Disaster Planning meeting was held with Department heads and appointees from a variety of departments at CWU in October. Following this meeting, Central has held a large scale table top exercise and is continuing to refine their new computerized emergency plan through campus police. This was given in collaboration with our EM stakeholders.
- ◆ Presentations on disaster planning and/or pandemic flu were made this quarter to the following groups: Kittitas County Management Team, Kittitas County Public Works, Kittitas County Community Development Services, Ellensburg High School World Affairs students(100), Ellensburg Rotary, Kittitas County School Superintendents, CWU “CALL” program, Kittitas County Ministerial Association, Ellensburg Fire and EMT’s, and BOHAC.
- ◆ Jerry Harris and Christie Waddington hosted a luncheon forum on pandemic flu for the dental community.

VI. Public Health Assessment: Jane Wright, MS Assessment Coordinator

Mission: To use Community Health Assessment information to guide the Health Department and our community partners in working towards achieving the highest possible level of health and well being for the people who live, work and play in Kittitas County

Goal 1: Research, adapt and begin to use internal assessment tools to track performance, and assist the department with building an ongoing evaluation and quality improvement component.

- ◆ Community Health Assessment goals have been adapted to the GORI format and this tool is being used to focus work and review progress
- ◆ EIP, Living Environments and Solid Waste logic models completed.
- ◆ Logic models used to inform discussion w/ CDS and Commissioners re possible reorganization of EH, CDS.
- ◆ Had a conference call w/ consultants re creating a charter for our quality improvement process
- ◆ Had a series of meetings and conference calls with the management team and UW practicum student, Marleyse Bourchard, to devise a plan and timeline for the QI work. A draft charter and an online survey for staff input are being created and will be completed 4th quarter.

Goal 2: Fulfill Community Health Assessment functions.

- ◆ Continue to support Shape Up Kittitas County; WHF grant funded if necessary; participated in conference call w/ grant coordinators at WHF
- ◆ Taking steps to organize resources and look at options updating the Community Health Assessment Fact Sheets, as well as to get Marleyse the tools she will need in order to assist (VISTA password)
- ◆ Continue to be involved in Standards work at the state level

Goal 3: Communication occurs with the community.

- ◆ Continue to solicit and edit articles for Health Watch column
- ◆ Did two radio talk shows on Community Health Assessment and one on Shape Up Kittitas County
- ◆ Online Data Sources resource completely edited to Kittitas County and approved by County IT committee; awaiting posting online.
- ◆ Attended 3 CCC meetings; responsible for some assessment-related sub committee work.

Goal 4: Fulfill departmental responsibilities.

- ◆ Fulfilled staff support functions (gather updates, help create agenda, etc) and planned BOHAC annual meeting.
- ◆ Attended regional assessment coordinator's meeting in July and national conference on Community Health Assessment in Seattle.
- ◆ Worked with three colleagues statewide to plan a panel presentation for the Joint Conference in Oct. on creating and sustaining partnerships in the community.

VII. Health Promotion Team Activities: Ann Riley, Manager

- ◆ ***Breast and Cervical Health Program: Julia Karns, Outreach Worker***

Mission Statement: Increase the number of women in Kittitas County receiving breast and cervical cancer screenings.

Goal 1: Promote BHP to residents of Kittitas County.

- ◆ 22 women were screened this quarter in BHP. No cancers were detected.
- ◆ 42% of women screened in the program were below 100% of poverty level and 32% were at 100% of poverty level.
- ◆ 68% of women screened in the program were between 50 - 64.
- ◆ Julia enrolled 18 women in the program this quarter.
- ◆ Breakfast, Lunch, and Dinner events were held in November to recruit Spanish speaking women into BHP. Overall 23 women attended the events and 3 women enrolled in BHP.
- ◆ Ann sent PSAs to local media and made arrangements to run an advertisement for BHP in the Daily Record during October

Goal 2: Provide liaison role between providers and prime contractors.

- ◆ Julia is still fielding phone calls regarding billing issues, especially for clients that are billed by labs.

Goal 3: BHP staff will provide case management for BHP clients.

- ◆ Julia assisted several clinics with scheduling clients needing follow-up. Julia also spent many hours working with a client that was under 40 but had an abnormal work-up needed for suspected breast cancer. Julia was able to assist the client in getting her bill through Yakima Radiology waived.
- ◆ Julia provided assistance with interpretation to 5 BHP clients this quarter.

BHP Client Enrollment

# of clients	1 st QTR	2 nd QTR	3 rd QTR	4 th QTR	Total
2005	16	23	24	18	81
2004	18	25	12	18	73

◆ **HIV/AIDS: Julia Karns, Outreach Worker**

Mission Statement: Reduce the incidence of HIV in Kittitas County.

Goal 1: Facilitate the development, implementation, and evaluation of HIV/AIDS Prevention Program interventions.

- ◆ Ann attended a Regional workshop in November on data and surveillance for HIV and AIDS reporting.

Goal 2: Provide quality counseling and testing services to targeted populations in Kittitas County.

- ◆ Julia provided 21 tests this quarter. 12 of the tests were for high risk clients.
- ◆ 12 surveys were collected and data compiled and returned to Julia in a report. As usual Julia received positive remarks and scores from clients. Testing hours and process for setting up an appointment were satisfactory.

Goal 3: Provide HIV/AIDS education to the general public.

- ◆ Jerry taught 4 BBP classes this quarter with 82 people attending.
- ◆ Jerry collected participant evaluations this quarter, and Ann compiled data and returned a report to Jerry. Overall, participants were very impressed with Jerry's knowledge on the topic.
- ◆ Ann and Jerry made plans to work on a PowerPoint presentation that will eventually be formatted into a flip chart.

- ◆ Jerry also requested during budget time that a fee be added to the fee schedule that would allow her to charge for reissued BBP certificates.
- ◆ Julia attended a Hepatitis C conference in Seattle this quarter.
- ◆ Julia worked with several Hep C+ clients this quarter, referring to services and providing education.

Goal 4: Provide targeted interventions to high risk individuals and groups in Region 2.

- ◆ Julia implemented 2 Let's Chat interventions with ADDS, with a total of 4 sessions and 21 participants.
- ◆ Julia provided 5 Staying Healthy interventions in Mattawa this quarter, reaching a total of 60 people.
- ◆ Julia also participated in a community resource meeting in Mattawa in November to continue to maintain relationships with social service organizations in the community, like the local clinic.
- ◆ Julia provided a Staying Healthy intervention at Auvil in October, reaching 16 migrant workers
- ◆ Julia provided 3 Let's Chat one hour interventions to 26 inmates at the county jail, and provided T&C.
- ◆ This quarter Julia provided the Let's Chat intervention to 25 clients at the UC Clinic.
- ◆ Julia provided 4 interventions to 25 youth at Parke Creek.

Goal 5: Provide confidential Case Management services to HIV+ clients and their families.

- ◆ Julia and Ann worked with a case management client this quarter.

HIV/AIDS Presentations/Interventions

	Presentations	People Attending
1 st Quarter	16	177
2 nd Quarter	15	176
3 rd Quarter	22	276
4 th Quarter	18	207
Total 2005	71	836
Total 2004	95	792
Total 2003	86	644
Total 2002	92	991
Total 2001	125	2167

- ◆ ***Tobacco Prevention and Control Program: Ann Riley, Manager; Sarah Bedsaul, Health Educator***

Mission Statement: Reduce the rate of tobacco use in Kittitas County.

Goal 1: Develop infrastructure of Kittitas County Tobacco Prevention and Control Plan.

- ◆ The Tobacco Free Coalition met in October and December with 7 members attending the meetings. Coalition members this quarter wrote in letters to the editor regarding the passage of I-901. Announcements were made to coalition members about TPC staff activities including TATU advisor and youth trainings, TIES coordinator training, smoke-free parks progress, and Basic Tobacco Skills Intervention trainings.
- ◆ Sarah and Ann attended the State Tobacco Contractors Meeting in SeaTac in November.
- ◆ Ann attended the Joint Conference on Health in October and attended presentations on working with public officials, and an informational session on implementing laws related to smoke-free workplaces.

- ◆ Also in October, Sarah attended the Washington State Prevention Summit and the Tobacco Free Coalition sponsored six local youth from the Ellensburg Youth and Community Center to attend as well.
- ◆ In December, an article promoting the passage of I-901 was placed in the KCPHD provider newsletter and sent to local healthcare providers. Also an Opinion Editorial for the Daily Record was submitted and published on I-901 from the KCPHD Health Officer and Administrator.

Goal 2: Prevention of tobacco use in youth and ages 18-24.

- ◆ In October, five compliance checks were conducted in the Upper County area with zero sales. In December, 12 compliance checks were completed in Upper and Lower county with 2 sales.
- ◆ In November, Sarah attended the monthly PI meeting at ESD 105 and presented Tobacco 101 in a one hour segment followed by ESD staff talking about resources available through their local ESDs. The training included information on tobacco addiction, why it should be addressed, the importance of looking and addressing family members as well and what is out there for youth who are addicted to tobacco.
- ◆ In October, Ellensburg and Kittitas High Schools were present and trained in TATU. There were seven youth from Kittitas and fifteen from Ellensburg.
- ◆ In November, the Upper County TATU training was held at the Upper County Senior Center and 20 youth were trained. Also, Easton TATU teachers presented at an all school assembly reaching 120 youth.
- ◆ Melissa Clamp and Brienne Baron are both trained and providing TIES interventions at the participating school. October was the first month for TIES to be up and running in the schools this year. We had a total of 7 students referred to the program this quarter.
- ◆ In December, Sarah met with Kittitas High School staff at a staff meeting and reminded the group about the TIES program and how to refer students.

Goal 3: Provide quality tobacco cessation services to residents of Kittitas County.

- ◆ In October, Ann provided the ER at KVCH with additional QL materials as requested by a provider.
- ◆ In October, an article on Quit Line calls from local residents appeared in the Public Health newsletter, which is distributed to providers and other social service organizations.
- ◆ QL materials were delivered to several providers that participated in Basic Tobacco Intervention Skills (BTIS) trainings this month.
- ◆ In November, Ann arranged with Meridian movie theater to have the Quit Line ad run during December and January. Also in December, Ann ran an ad for the Quit Line in the KCPHD provider newsletter.
- ◆ In October, Sarah and Ann did a BTIS training for Upper County providers. Also, provided two BTIS one-hour classes to 9 KVCH employees.

Goal 4: Reduce ETS Exposure to residents of Kittitas County.

- ◆ Ann received a request from the director of City of Ellensburg Parks and Recreation to attend a Parks and Recreation Committee meeting in December to propose smoke-free parks. Made arrangements to present at the January meeting. During December Ann collected information on smoke-free park policy from around the state and developed materials to review with the director and the youth center director.
- ◆ In November and December, Ann worked extensively on I-901 Implementation. She worked with the County prosecuting attorney, KCPHD Administrator, EH Manager, and the food inspector on related implementation issues. Numerous calls from the business community were responded to and educational materials were developed and distributed and posted to the website. Signs were ordered and made available. Draft enforcement materials were developed and are still in the process of being reviewed by the prosecuting attorney. Ann also participated in weekly conference calls with DOH on I-901 issues happening across the state.

- ◆ In November, at the BOH meeting, the Tobacco Free Coalition of Kittitas County presented the Palace Cafe and Place Saloon with a Mary Selecky award that they had won for being the first bar in Ellensburg to go smoke free on its own. Two coalition members presented the award and there were several community members present to witness.
- ◆ In October, a press release was sent out to local media highlighting the decrease in smoking rates in Kittitas County. The press release followed the statewide press release on TPC program success with adult smoking rates. Ann was contacted by the Daily Record for an interview following the press release. A front page article ran the following day on the huge drop in Kittitas County smoking rates.
- ◆ Ann provided the Kittitas Valley Community Hospital with information on smoke free homes and other information on SHS to share with parents and patients. Information was requested from the hospital in an effort to restock SHS information related to the Smoke Free Home and Auto campaign.

**Kittitas County Tobacco Retailer
Compliance Rates**

	Number of Checks	% of Compliance
1 st Quarter	18	84%
2 nd Quarter	9	88%
3 rd Quarter	6	50%
4 th Quarter	17	88%
	Number of Checks	% of Compliance
Total 2005	50	76%
Total 2004	67	87%
Total 2003	42	86%

- ◆ *Environmental Health Education: Ann Riley, Manager; Sarah Bedsaul, Health Educator; Kris Proszek, Health Educator*

Mission Statement: Reduce the incidence of food borne illness in Kittitas County.

Goal 1: Provide education to food handlers during obtainment of permit.

- ◆ 417 people received Food Handler Permits this quarter. A total of 24 classes, with three of those classes in Upper County, and 3 classes for Spanish Language.
- ◆ Ann and Kris reviewed FHC goals and objectives and Kris made plans for revisions. A time survey will be done in early January. Kris did an assessment of UC FHC class attendance and will be adjusting the amount of classes offered to two a month on months that had a large UC attendance in 2004 and 2005.
- ◆ A total of 1,774 people received a food handler's permits in 2005, close to an 18% increase in the number of permits issued in 2004.
- ◆ Kris and Sarah worked on the FHC data base, updating and formatting the website. A new procedure was implemented for recording FHC permits, which involves Kris doing data entry weekly for all permits.

Food Safety Classes

	Presentations	People Attending
1 st Quarter	30	392
2 nd Quarter	30	463
3 rd Quarter	31	502
4 th Quarter	24	417
Total 2005	115	1774
Total 2004	124	1509
Total 2003	116	1426
Total 2002	117	1406
Total 2001	87	1315

- ◆ ***Child Care Health Promotion Program: Ann Riley, Manager; Kris Proszek, Health Educator; Liz Whitaker, RN, BSN***

Mission Statement: Support a Safe and Healthy Child Care Environment in Kittitas County.

Goal 1: Develop Systems. Program coordinator will promote development of local community childcare capacity to promote and foster services that link families, health, and child care.

- ◆ Kris and Liz began work with Child Care Resource & Referral on a working agreement between the two agencies.
- ◆ In November, Liz attended a DCCEL meeting where she heard from health specialists, local licensors, and Yakima PHNs.
- ◆ Also in November, Liz attended a training on Child Profile Immunization Registry, and learned more on what child care facilities need to know about immunization records.
- ◆ Liz also attended the YC4 meeting in Yakima, as a substitute of the KC5 meeting, at this meeting system partners shared information.

Goal 2: Support Parents/Families. Program Coordinator will support parents of Infants/Toddlers in childcare by providing or arranging for training, technical assistance and support groups.

- ◆ In October, Liz provided a parent referral to DSHS, CCR&R and CWDR. Parent was requesting information on finding childcare and applying for subsidies for a 2 year old.
- ◆ Liz continues to promote the Parents as Teachers program to contacts.
- ◆ In December, Liz and Kris met and brainstormed ideas for the newsletter, including ideas on promoting parenting resources and classes in the county. They also discussed development of the website to provide information for parents.
- ◆ Liz utilized the topic calendar this quarter in providing promotional materials to child care programs. Liz promoted “cover your cough” materials during site visits.

Goal 3: Provide training, technical assistance and consultation to child care providers. Program coordinator will provide, or arrange for, training, technical assistance or consultation to providers to improve the quality of new or existing services in out of the home care.

- ◆ Liz conducted 7 consultations this quarter.
- ◆ Ann developed two postcard flyers in October and November for 4 STARS trainings being offered this quarter. Trainings included a 20 credit basic training course for child care providers, a 2 credit class on incorporating math skills into early childhood programs, a 2 credit course on healthy snack and meal ideas that kids love, and a 3 credit course on “Time Out’s Not Working – Now What?” Liz and Kris also completed the STARS Provider renewal process, allowing KCPHD to offer STARS credits for trainings that we sponsor.

- ◆ *Shape Up Kittitas County Initiative: Ann Riley, Manager; Sarah Bedsaul, Health Educator; Kris Proszek, Health Education*

Mission Statement: To halt and reverse the rise in obesity rates in Kittitas County residents.

Goal 1: Work at a community level with public official, media, employers and local businesses to improve the physical activity and nutrition of Kittitas County residents.

- ◆ Coalition meetings were held in Oct. and Nov., with 7 and 5 members attending.
- ◆ Extensive work was done this quarter to plan a strategic planning event for December 8th. There were 35 coalition and community members attending the meeting, with broad representation of the community including: the faith community, elected city and county officials, parks and recreation department, senior advocates, schools, healthcare, and local businesses. The Ellensburg School District provided a summary of PEP grant accomplishments. Ann reviewed basic county demographics and data pertaining to key indicators used in the grant. Sarah reviewed the Shape Up initiative logic model and what has been accomplished in the first year of the grant. Participants had a chance to prioritize and offer comment on process objectives, as well as identify programs/activities that were missing. An evaluation was completed on the workshop.
- ◆ Following the planning meeting, Shape Up staff compiled the information generated from the meeting, and prioritized project goals based on feedback from the group. Information was then used to construct the 2006 GORI, and develop the 2006 workplan with DOH. Meeting minutes were emailed along with workshop evaluation results. Coalition members were encouraged to identify objective(s) and/or ad hoc committee they would like to get involved with.
- ◆ In November, Sarah attended the local cable commission meeting where she was asked to present the Shape Up Video and asked them if they would play the 11 minute video on the local cable channel as a form of a local PSA, the committee agreed and the video is now being shown on the local cable channel.
- ◆ In October, Sarah attended the Comprehensive Plan Advisory Committee Meeting. Documents were gathered for review for the comprehensive planning process. Sarah briefed Nancy on the materials and Nancy attended the City Comprehensive Plan Public Meeting. Four separate proposals for growth and development were introduced by the consultant. Shape Up staff plans to review the four proposals and evaluate the health impacts of each one.
- ◆ Also in October, Sarah participated in a group presentation at Joint Conference on Health. Sarah shared Kittitas County's work around the built environment and working with public/elected officials. The video was shown and materials handed out to a group of about 35.
- ◆ Kris & Sarah attended the City Comprehensive Plan Advisory Committee meeting in November and discussed the review process of the proposal.
- ◆ In December, Kris and Sarah attended the City Comprehensive Plan Public Meeting and heard more on the 4 different growth and development options. The proposal is open for review and comment until the end of February. Shape Up staff will have comments ready on the four proposals by that time.
- ◆ In October, Sarah and Ann contracted with CWU Web Design Services to develop the www.shapeupkc.org site. Ann and Sarah developed an outline and content layers for the site and presented their ideas to the web designer. Ann met with the Kittitas County IT Committee to discuss posting criteria for the web page content and postings on the web page, and the IT committee forwarded the decision to the County Commissioners. Ann and Sarah met with the County Commissioners in December and proposed posting guidelines for the site and received permission to proceed with website development. Posting guidelines were developed through a collaborative effort from coalition members.
- ◆ In October, the River to Rodeo event was held as part of the Walk Across Washington promotion. 156 people participated, making Ellensburg the second largest event in the State! This event was the result of a collaborative effort with the City of Ellensburg's Park and Recreation Department, Ellensburg School District, a local radio station, and other community programs.

Goal 2: Work at a community level with schools, after-school programs, child care establishments, and preschools improve the physical activity and nutrition of Kittitas County youth.

- ◆ In October, Sarah made a presentation at an after school conference at CWU. There were program directors as well as youth counselors and program participants. The presentation was on Shape Up and how to find funding in your communities to do programs around fitness and nutrition.
- ◆ In December, Kris purchased nutrition & physical activity materials for child care centers from the Child Care Program. There will be 5 gardening & nutrition theme bins and 6 cooking & nutrition theme bins. Both sets will also be promoting physical activity. These bins are PreK-2 grade appropriate; however adaptations can be made for older children. The bins will be distributed as door prizes for STARS trainings in 2006.
- ◆ In December, Jane and Kris identified a grant that would work well for an edible schoolyard/community garden. Lincoln Elementary parent council and Sandy Sheldon with the ESD have been contacted. The parent group is interested in the opportunity and Sandy suggested that the \$1,000 awarded to the school district for their wellness policy could possibly be used for this type of project. Kris will be attending the January 18th Lincoln Parent Council meeting to offer examples and links within the community to get this project started.

VIII. Community Health Services: Bonnie J. Corns, BS, CHES; CHS Manager

- ◆ This quarter, the Community Health Services Team was involved in presentations at the Joint Conference on Health which was held in Yakima. CHS staff that participated in the conference included me, Liz, and Christie.
- ◆ In October, we worked at planning and implementing the Mass Vaccination Drill for dispensing influenza vaccine which allowed us to practice our department's emergency response plans. The Flu Clinic followed the Incident Command structure and all department staff was involved. We also utilized community volunteers. The event was a lesson in planning, implementing, evaluating and adjusting our plans to suit the situation that evolved: there was a fire alarm activated in Ellensburg High School during our clinic and we had to evacuate the building. I was both pleased as surprised when the nurses and EMT volunteers set up vaccination stations in the parking lot of the high school and continued to dispense flu vaccine. Everyone knew their role and acted accordingly when faced with the disruption.
- ◆ In November, staff participated in NIMS Training provided by Rich Elliott, Ellensburg Fire Department. I also attended the Quarterly Public Health Nursing Directors meeting in SeaTac.
- ◆ In December, the CHS Team held a retreat to focus on program goals and work on program GORI's. Christie and Deb were instrumental in getting the rest of the team on track and working the process. I arranged for DOH to come to Ellensburg for staff training on a new web-based computer program to track Communicable Diseases: PHIMS (Public Health Information Management System). I assisted DOH staff in securing a computer lab at CWU, as well as their lodging and lunch. Having the training in Ellensburg also allowed staff from Klickitat and Grant Counties to only have to travel to Ellensburg which saved those staff time and travel as well.

- ◆ **Immunization Program Highlights:** *Anna Canterbury RN, BSN; Sharon Smith RN, BSN; Janet Jones RN*

Mission Statement: The Immunization Program is committed to the goal of preventing the occurrence and transmission of childhood, adolescent and adult vaccine-preventable diseases.

Goal 1: Ensure proper use of VFC vaccines through accountability activities in Kittitas County.

- ◆ The Kittitas County Public Health Department continues to maintain strong working relationships with the local medical providers who supply the VFC program funded vaccines. Currently, there are six medical clinics in Kittitas County that serve as our immunization partners. They are Ellensburg Pediatrics, Family Health Care of Ellensburg, Kittitas Valley Primary Care Associates, Cle Elum Family Medicine Center, Dr. Nancy Wells and the Valley Clinic. These facilities continue to send monthly storage, distribution and administration reports to the Kittitas County Public Health Department for review before being sent to the Washington State Department of Health Immunization Program.

Goal 2: Promote the immunization of adult high risk/vulnerable populations in Kittitas County.

- ◆ The Kittitas County Public Health Department continues act as both an educational resource, as well as an immunization center for the provision of adult vaccines. Our tri-weekly travel clinics continue to be popular and are the only such clinics in both Kittitas and Yakima Counties. During these clinics, the Public Health Nurses review immunization histories, providing regularly scheduled vaccines such as tetanus, as well as the more exotic varieties including typhoid and Japanese encephalitis.
- ◆ In addition to the above described clinics, the Kittitas County Public Health Department worked to organize and ensure an adequate supply of influenza vaccine to the residents of Kittitas County, working with the local physicians, Central Washington University, Kittitas Valley Community Hospital and private pharmacies. Four influenza immunization clinics were held by the Kittitas County Public Health Department providing a total of more than 600 adult shots. Of these four, the most beneficial in terms of community feedback received and educational practice was the mass vaccination clinic held on October 20, 2005 at the Ellensburg High School, where 343 shots were administered utilizing volunteers from Central Washington University, Search and Rescue, the ARIES RACES and some Kittitas County Emergency Response Team members.

Goal 3: Improve Immunization Access in Kittitas County.

- ◆ VFC vaccines continue to be administered on a sliding scale, removing the financial barrier for many. Some discussion with the schools in Kittitas County is beginning to occur concerning outreach clinics on campus at certain times of the year.

Travel Consultations

	1 st QTR	2 nd QTR	3 rd QTR	4 th QTR	Total 2005	Total 2004	Total 2003	Total 2002	Total 2001
Consultations	51	41	33	35	160	77	68	98	143

Doses of Childhood Vaccine Distributed to Providers

First Qtr.	Second Qtr.	Third Qtr.	Fourth Qtr.	Total 2005	Total 2004	Total 2003	Total 2002	Total 2001
1960	2108	2090	2640	8798	7225	8637	5260	8197

◆ *Communicable Disease/Tuberculosis Program/Health Events: Anna Canterbury RN, BSN; Sharon Smith RN; Janet Jones RN*

Doses of Adult Vaccine Administered by KCPHD

Vaccine	1 st QTR	2 nd QTR	3 rd QTR	4 th QTR	Total	Total	Total	Total	Total
					2005	2004	2003	2002	2001
Hepatitis A	43	35	29	32	139	88	146	172	162
Hepatitis B	30	28	24	16	98	115	120	149	203
TwinRix	24	9	24	33	90	98	75	40	17
Immune Globulin	5	3	5	1	14	9	0	4	9
Influenza	0	0	0	625	625	950*	500	700	700
IPV (Polio)	2	8	0	0	10	16	31	35	27
Meningococcal	13	9	13	6	41	26	27	34	20
MMR	6	4	5	3	18	18	19	22	37
Pneumococcal	2	1	4	16	23	32	25	18	22
Tetanus/Diphtheria	32	31	24	34	121	100	92	124	101
Oral Typhoid	26	20	11	20	77	58	52	44	
Injectable Typhoid	4	10	8	17	39	12	17	40	89
Varicella	4	7	1	1	13	3	10	13	5
Yellow Fever	17	13	7	9	46	23	21	21	38
Lymerix						7			
Rabies	0	0	0	0	0	0	3	0	0
Japanese Encephalitis	2	6	0	0	8	0	0	6	0
Total	210	184	155	813	1362	1548*	1138	1422	1420

*Note: This number reflects an unusual occurrence of an influenza vaccine shortage; KCPHD only ordered 600 doses but received more in order to facilitate equitable distribution to “at risk” county residents.

Doses of Childhood Vaccine Administered by KCPHD

Vaccine	1 st Qtr	2 nd Qtr	3 rd Qtr	4 th Qtr	Total	Total	Total	Total	Total
					2005	2004	2003	2002	2001
DtaP	10	35	23	12	80	74	79	54	88
DT	0	0	0	0	0	4	0	0	0
Td	7	6	5	4	22	60	38	31	29
HIB	6	2	8	9	25	32	40	31	42
IPV	11	38	25	11	85	89	91	56	97
MMR	9	34	30	9	82	103	132	95	187
Hep B	21	20	16	7	64	97	115	75	149
Varicella	3	9	5	5	22	39	32	18	16
Hep A	3	17	9	5	34	61	59	49	42
Influenza	21	0	0	130	151	115	67	27	36
Pneumonia	0	0	0	1	1	0	0	1	1
Prevnar	11	1	14	10	36	37	37	18	15
Total	102	162	135	203	602	711	690	288	702

Tuberculosis Program

	1 st QTR	2 nd QTR	3 rd QTR	4 th QTR	Total 2005	Total 2004	Total 2003	Total 2002
TB Tests	72	98	92	50	312	319	316	318
TB Tests – Children			4	0	4			
TB Tests – Adults (non-healthcare)			88	50	135			
TB Tests – Healthcare Workers			4	0	4			
Positive TB Tests	3	5	1		9	8	12	0
Positive TB – Children			2	0	2			
Positive TB – Adults (non-healthcare)			6	2	6			
Positive TB – Healthcare Workers			0	0	0			
Cases Active TB	0	0	0	0	0	2	0	0
Suspect TB Investigations	2	0	3	2	7	4	3	0
INH Preventive TX New	1	5	2	3	11	8	8	4
INH Preventive Tx Completed	1	0	1	1	3	1	3	2

Communicable Diseases and STD's

	1 st QTR	2 nd QTR	3 rd QTR	4 th QTR	Total 2005	Total 2004	Total 2003	Total 2002
CD/STD/Imm. Calls	20	20	20	20	80	389	268	465
CD Cases Confirmed	7	13	12	5	37	14	31	37
Other Investigations	3	0	1	1	5	8	12	22
* Food Illness Complaints	115	4	1	2	122	14	24	33
Lead Poisoning Cases	0	0	0	0	0	0	0	2
STD Reported	31	41	32	59	104	109	97	88
Chlamydia Cases Reported	29	36	29	49	143	99	86	71
Herpes Cases Reported	0	2	3	8	13	7	11	12
Gonorrhea Cases Reported	2	3	2	2	9	2	6	0

- ◆ *First Steps Program: Sharon Smith RN – First Steps Coordinator; Anna Canterbury RN, BSN; Janet Jones RN; Deb Sandvig, RD; Katha Jackson, CHW; Corina Fiske, CHW*

Mission Statement: To reduce maternal and infant illness and death and to increase access to maternity and infant care for low-income families.

Goal 1: Assess and Monitor Maternal and Child Health Status and Identify Problems. Public Health Standards Met: PPL4.5.3, PPL5.1.1, PPL4.7.4, PPL2.2.1

- ◆ Between Oct. and Dec. 2005, First Steps Nurses conducted 85 routine home visits to monitor health status of pregnant women enrolled in First Steps.

Goal 2: Link People to Needed Personal Health Services and Assure the Provision of Health Care when Otherwise Unavailable. Public Health Standards Met: PPL3.1.1, PPL3.7.4, PPL2.2.1, PPL4.5.3

- ◆ We have visited 82 low in-come mothers and assisted them with referrals to medical and dental care. Some of the clients were in need of assistance to get to counseling services.

- ◆ There were also clients who were without housing. Referrals were made to planned parent hood as well as birthing and parenting classes. This all combined to help the infant and maternal population of Kittitas County healthier.

Goal 3: Inform and Educate People about Health Status. Public Health Standards Met: PPL3.1.1, PPL4.7.4, PPL4.5.3

- ◆ Oct. 27, 2005, Sharon Smith, RN attended the regional MCH meeting in Moses Lake; which helped bring us up to date in regards to the resources available and too network with others for the purpose of promoting healthy mothers and babies.
- ◆ Sharon, Janet, and Anna retrained on the techniques of dental screenings, oral health education, and fluoride varnish application.
- ◆ Sharon, Janet, and Anna participated in a community based, mass vaccine clinic on Oct. 21
- ◆ 343 Kittitas county residents received flu vaccine and education on health issues.
- ◆ On Oct 14, 2005 Sharon and Janet attended a conference in Spokane, WA about methamphetamines and how it affects people.
- ◆ On Oct 15, 2005 Janet attended a conference in Spokane, WA, about Preventing Toxic Threats to our Children’s Health.

First Steps Billable Visits	1st QTR	2nd QTR	3rd QTR	4th QTR	Total 2005	Total 2004	Total 2003	Total 2002
PHN Home Visits Completed	158	109	91	82	358	707	751	1029
PHN Office Visits Completed	1	5	3	6	9	34	55	105
No Show	n/a	n/a	n/a	n/a	n/a	57		63
MSW Home/Office	1	4			5		0/12	7/44
Nutritionist Home/Office	5/18	9/2			14/20	32	3/114	7/134
CHW Home/Office	0	0			0	13	1/32	185/ 33
# visits with interpreters	n/a	n/a		n/a	n/a	198		N/A
Childbirth Education Classes	7	1		2	8	25	1	12

◆ *Children with Special Health Care Needs Program Highlights: Liz Whitaker, RN, BSN*

Mission Statement: To promote conditions in which children with special health or developmental needs can achieve the healthiest life possible and develop to their fullest potential.

Goal 1: Link People to Needed Personal Health Services and Assure the Provision of Health Care when Otherwise Unavailable.

- ◆ Chaired Kittitas County Birth to Three Interagency Coordinating Council meeting on Oct 11.
- ◆ Attended State CSHCN Communication Network meeting in Kent on Oct. 13 acting as Central Region representative.
- ◆ Attended Oral Health Coalition meeting Oct. 18 to represent CSHCN and school nurses.
- ◆ Attended Parent to Parent luncheons on Oct. 19, Nov. 10, and Dec. 15, to network and meet parents with CSHCN.
- ◆ Convened two meetings of Kittitas County school nurses, on Oct. 25 and Dec. 6.
- ◆ Attended “A Community Conversation About Respite” in Yakima on Nov. 10.
- ◆ Attended the quarterly regional meeting of CSHCN nurses in Walla Walla on Nov. 16.
- ◆ Attended local DSHS provider meetings on Nov. 1 and Dec. 6.

Goal 2: Inform and educate people about health status.

- ◆ Attended Joint Conference on Health in Yakima on Oct. 10, including assisting with a presentation on CSHCN for other public health professionals.

CSHCN Activity Report

QTR	Established Clients	Lost contact or closed files	New Clients	Total
1 ST	91	9	10	92
2 nd	92	3	1	90
3 rd	90	45	7	52
4 th	52	0	9	61
2005 Totals	91	57	27	61
2004 Totals	86	25	30	91
2003 Totals	75	18	29	86

Family Contacts

QTR	Home Visits	Office Visits	No Shows
1 st	34	1	3
2 nd	31	5	4
3 rd	30	8	1
4 th	30	2	2
2005 Totals	125	16	10
2004 Totals	127	12	10
2003 Totals	62	15	10

- ◆ *Early Intervention Program Highlights: Liz Whitaker, RN*
- ◆ EIP referrals increased dramatically in the 4th quarter, after very few referrals during the first 3 quarters. DCFS also requested that we provide them with a budget for EIP expenses for the first time this year as part of the contract renewal process.

Early Intervention Program Activity

QTR	Referrals	Home Visits
1 st	0	0
2 nd	1	2
3 rd	1	1
4 th	8	12
2005 Totals	10	15
2004 Totals	11	24
2003 Totals	4	10

- ◆ **Workfirst Contract: Liz Whitaker, RN**

- ◆ No activity during 4th quarter 2005.

QTR	Referrals	Completed Assessments
1 st	2	2
2 nd	0	0
3 rd	0	0
4 th	0	0
2005 Totals	2	2
2004 Totals	9	7
2003 Totals	1	1

- ◆ **Child Death Review: Liz Whitaker, RN**

- ◆ No activity during 4th quarter 2005.

- ◆ **Medical Nutrition Therapy: Debra Sandvig, RD**

Mission Statement: The mission of the Medical Nutrition Therapy is to promote optimum nutrition health that promotes growth and development through education, guidance and support for children up to age 20 years with nutritionally related health problems, especially those with special health care needs.

Number of Referrals	1 st Qtr	2 nd Qtr	3 rd Qtr	4 th Qtr	Total 2005
New Referrals	3	5	4		12
Returning Patients	1	2	0		3

- ◆ **Women's, Infants', Children's (WIC) Program: Katha Jackson, Coordinator; Debra Sandvig, RD, Nutritionist, Lactation Consultant; Yolanda Leon, Certifier**

Mission Statement: Improve the lifelong health and nutrition of women, infants and young children in Washington State.

Total Number Enrolled in WIC (Cle Elum/Ellensburg) Based on Quarterly Average

	1 st QTR	2 nd QTR	3 rd QTR	4 th QTR	Total 2005	Total 2004	Total 2003
Pregnant	114	107	102	108	431	417	502
Breastfeeding	63	71	72	73	279	246	227
Post-Partum	33	30	30	25	118	151	104
Infants	185	177	171	159	692	797	826
Children (>1 yr. Age)	434	438	450	433	1755	1715	1681

WIC Caseload (Cle Elum/Ellensburg combined)

*640 slots available for the quarter	Total # of clients enrolled based on quarterly average	# of Checks Issued based on a quarterly average	**% Clients participating based on quarterly average	***% of non-participating clients based on quarterly average
1 st QTR	828	757	102.29	8.65
2 nd QTR	823	755	101.97	8.33
3 rd QTR	825	702	99.05	11.16
4 th QTR	818	697	98.10	9.37
2005 Avg.	823.5	728	100.35	9.37
2004 Avg.	866	739	102.71	12.17
2003 Avg.	826	736	116.45	13.88

* Clients who receive checks include pregnant moms, non-breastfeeding post-partum moms for 6 months, breastfeeding moms, formula-fed infants, infants on cereal, and children on solid foods.

** State guidelines require 100% per quarter.

*** State guidelines recommend below 10%.

***WIC Clinic Activity**

Clinic Actions	1 st	2 nd	3 rd	4 th	Totals	Totals	Totals
	Qtr.	Qtr.	Qtr.	Qtr.	2005	2004	2003
Second Contact	282	282	383	317	1264	1140	1140
Complete Certification	55	47	46	54	202	217	270
Class participants	6	7	7	6	26	33	48
Check Pickup	967	894	928	885	3674	3783	4345
Enroll Infant	38	37	36	36	147	154	166
Follow Up	19	11	19	13	62	63	66
Health Assessment	40	34	41	35	150	166	159
Letter Sent	134	142	151	143	570	479	743
New Certification	40	26	46	35	147	164	164
Presume Eligible	17	15	13	21	66	90	123
Recertification	288	251	290	229	1058	1003	1020
High Risk (RD)	67	51	54	43	215	211	274
Reinstate	14	11	8	2	35	48	73
Transfer In	23	32	27	14	96	112	101
Terminate	16	9	11	10	46	94	95
Transfer Out	7	7	3	3	20	20	18
Totals	2013	1856	2063	1846	7778	7777	8805

* Total of client contacts per quarter.

Description of terms in the above table:

Second Contact – This is a 15 to 30 minute appointment that involves education regarding the risk factors of the client. It often involves a HCT, and also includes a weight for PG women.

Complete Certification – This is a 60-minute appointment that involves verifying all of the qualifying factors for WIC. It also provides education of the risk factors (medical and non-medical) that make the person qualify for WIC.

Classes – The classes that we currently offer are: Breastfeeding: an Overview, Benefits of Breastfeeding, How to Breastfeed, Pumping and Storing Breast milk, and a variety of Healthy Habits classes for kids.

Check pick up – This is a 15 minute appointment where the client comes in to get checks, and notifies us of any changes or new concerns that they may have.

Enroll infant – This is a brief appointment or phone call where we add a new baby to a family already on WIC. This allows us to get the baby started on the program, as well as to issue checks for formula if they are needed.

Follow up – This is a 15-minute appointment where a single risk factor is discussed. It may also be just a weight check for the pregnant woman.

Health Assessment – This is a 30-minute appointment when a 5 to 7 month old infant is weighed, measured and the diet is checked. We also address any other risk factors that the infant may have.

Letter sent – This is a form letter that is sent out to our client when they miss an appointment.

New Certification – This is a 60-minute appointment for the client that has no prior history in our clinic. Basically, it is a Complete Certification with the addition of verifying basic demographics and family information.

Presume Eligible – This is for the pregnant client that is beginning our program. For this appointment, she needs to bring in proof of pregnancy and photo ID. We are then able to issue her one-month checks and make an appointment to have a Complete Certification.

Recertification – This is a 30-minute appointment for the client that has been certified before, but whose Certification has expired. Certifications last one year for infants, six months for children up to age five, and until six weeks postpartum for pregnant woman. For breastfeeding women, the Certification last six month, and she may be Recertified until the baby is 1 year old.

High Risk (Registered Dietician) – This is a 45-minute appointment with our Registered Dietician for high-risk clients who need special consultation.

Reinstate – This is the process of reopening a file for someone that has been terminated, but still has a current certification.

Transfer In – This is a 15-minute appointment that involves opening a file for a client that has been on WIC with another agency.

Terminate – This is the process of closing a file for someone that is no longer eligible for WIC. In the case of children, it would be because they have had their fifth birthday, or no longer need the WIC qualifications. In the case of women, it would be because they are no longer PG and not breastfeeding, or they have breastfed for more than one year. Clients can also be terminated for non-compliance, or for not coming to their appointments.

Transfer Out – This is done for the client that is moving to another WIC office. This process gives them a card that they take with them to the new office, so that they do not have to begin at the very beginning again.

◆ ***Oral Health Access Program: Christie Waddington, Coordinator***

Mission Statement: Oral Health Access for Kittitas County is a program designed to enhance access to dental services for children, low income residents, and other underserved groups and raise the awareness of oral health care in the community.

- ◆ Nov. 28, 2005, Kittitas County Board of County Commissioners approved the change in FTE from .6 to 1.0 for Oral Health Coordinator position.

Goal 1: Build Infrastructure in Kittitas County around Access to Oral Health. ACL3.2.1, ACL 3.5.2 PPL5.1.1, PPL3.6.2, PPL4.7.4

Coalition Building:

- ◆ Oct. 18, 2005 KC Oral Health Coalition meeting.
- ◆ WSOHC meeting in Bellevue, WA was postponed until Jan. 2006.

ABCD-E Program Planning:

- ◆ No work in this area at this time. (We are implementing our own Mothers, Infants, and Toddlers program.)

Goal 2: Support Population Based Oral Health Services. PPL5.1.1, PPL4.5.3, PPL3.5.3

School Sealants Programs:

- ◆ Yakima Valley Farm Workers Clinic sent the dental van to all of the county's public elementary schools for sealant days. The first visit was to Valley View, Oct. 18-19th. The team was an SSB6020 based team. The dental hygienist could not accommodate the number of children signed up for sealants so the general manager added more days to the schedule and sent a dentist. With a dentist on site, doing the assessments, the dental assistants can apply the sealants and fluoride. Under the SSB6020, only the registered dental hygienist can apply the materials. Even though it

is less costly for the organization to have the SSB6020 program, the demand of enrolled children was too high and they reverted to the dentist based program for all of the rest of the schools in our county.

- ◆ The numbers of children enrolled for school sealants was higher this year and I attribute it to the efficient way the parent consent forms were distributed by the school office staff. The numbers are shown in the School Sealant Table, below.

Oral Health Education Component:

- ◆ Two teens were recruited from Morgan Middle School and trained as the new Cavity Wrangler and Tooth Fairy. Six teens are currently active in the OHE Cavity Wranglers program.
- ◆ Oct. 15, 2005 Cavity Wranglers and Tooth Fairy participated at the Shape Up community walk-a-thon. They handed out 100 toothbrushes to participants.
- ◆ Dec. 2005 communications with school Principals confirmed the dates for Feb. 2006 Cavity Wranglers’ Oral Health Education presentations.

Goal 3: Increase Access to Oral Health Care in Kittitas County. PPL5.1.1, PPL4.5.3, PPL3.5.3

Client referrals by phone for year 2005: 142

Referrals from WIC and First Steps: 15

Coordination of Mobile Dental Units:

- ◆ The dental van incorporated an urgent care visit into the school sealant dates. The dentist provided dental treatment for the children who were diagnosed during the school sealant days, as well as providing urgent care to adults in the community.
- ◆ Oct. 2005 Christie communicated with new dental service organizations, attempting to recruit more services to this area. Providers from Walla Walla, Seattle, and Vancouver, WA are not willing to travel the distance to accommodate the needs of this community.

Coordination of Community Resources:

- ◆ Facilitated new contract/agreements between Carla Pfeffer, RDH and the nursing homes and Assisted Living Centers. Carla has reinstated the dental hygiene treatment for residents program. Dr. Bruce Wilcox has agreed to be the contracted dentist for KVH & Rehab.
- ◆ Nov. 2005, Dr. Mark Siks has agreed to be credentialed to KVCH as the contracted dentist. A meeting between involved agencies is being planned for Jan. 2006.

Prevention Programs

1) School-Based Sealant Programs

*Data incomplete due to reporting inconsistencies among providers

Location	1 st Qtr.	2 nd Qtr.	3 rd Qtr.	4 th Qtr.	2005	2004	2003	2002
Kittitas Elem.	90	0	0	0	90	55	0	N/A
Valley View Elem.	0	*	0	66	66	22	74	N/A
Lincoln Elem.	0	0	0	0	0	0	73	N/A
Mt. Stuart Elem.	0	110	0	59	169	135	94	N/A
% w/ restorative needs		20%						
Thorp Elem.	0	10	0	4	14	18	17	N/A
% w/ restorative needs		30%		50%				
Damman School	0	0	0	0	0	0	0	N/A
Cle Elum/Roslyn	0	9	0	0	9	82	74	117
% w/ restorative needs		0						
Easton Elem.	0	0	0	0	0	0	20	N/A
HeadStart School	0	50	0	110	160	97	124	N/A
% with restorative needs		45%	0	48%		N/a	49%	39%
Column Total:	90	179	0	239	508	409	476	117

Access to Treatment Programs
1) School-Based Restorative Programs

Location	1 st Qtr.	2 nd Qtr.	3 rd Qtr.	4 th Qtr.	2005	2004	2003
Kittitas Elem.	* done but not reported	0	0	0	*	5	110
Valley View Elem.	0	0	0	*	*	0	0
Lincoln Elem.	0	0	0	0	0	0	0
Mt. Stuart Elem.	0	0	0	0	0	0	0
Thorp Elem.	0	0	0	0	0	0	0
Damman School	0	0	0	0	0	0	0
Cle Elum/Roslyn Elem.	0	3	0	0	3	19	62
Easton Elem.	0	0	0	0	0	0	0
HeadStart School	0	0	0	*	*	0	0
Column Total:	0	3	0	*	3	24	172

2) Community Based Dental Restorative – mobile units and Volunteer Clinics

	1 st QTR	2 nd QTR	3 rd QTR	4 th QTR	Total 2005	Total 2004	Total 2003	Total 2002	Total 2001
Dental Patients (Ellensburg, Kittitas)	YVF W 6	YVFW 14	0	0	20	284	*218 Inc.	*281	*256
Dental Patients (Cle Elum, Roslyn, Easton)	0	0	0	0	0	5	57	*60	*22

* Data incomplete due to provider non-reporting

Oral Health Education Programs

Location	1 st Qtr.	2 nd Qtr.	3 rd Qtr.	4 th Qtr.	2005	2004	2003	2002
Kittitas Elem.	36	0	0	0	36	76	109	N/A
Valley View Elem.	309	0	0	0	309	115	109	N/A
Lincoln Elem.	200	0	0	0	200	84	134	N/A
Mt. Stuart Elem.	184	110	0	0	294	44	141	N/A
Thorp Elem.	26	7	0	0	33	33	30	N/A
Damman school	20	0	0	0	20	0	16	N/A
Cle Elum/Roslyn Elem	60	9	0	0	69	43	249	N/A
Easton Elem.	32	0	0	0	32	74	30	N/A
Walter Strom Middle	0	0	0	20	20	0	2	N/A
Morgan Middle School	700	0	119	0	819	718	719	N/A
Kittitas Middle	0	0	0	0	0	1	1	N/A
HeadStart	0	50	105	0	155	100	51	N/A
Day Care Centers	30	0	0	0	30	23	130	N/A
Adult Service Agencies	80	0	0	0	80	10	45	N/A
Community Events Fluoride Clinics, Free Clinic	0	Ap 16, (26) May 7, (24) Jn, 25, (25)	Sept. 24 (8)	Oct. 15 (100)	183	130	46	N/A
Other (churches, missions)	0	Mission 50	0	0	50	0	100	N/A
Column Total:	1,677	301	232	100	2,330	1,451	1,912	N/A

IX. Environmental Health Division: Cathy Bambrick, Manager

◆ *Manager's Comments:*

- ◆ John Wolpers resigned during the 4th Quarter of 2005 and took a position with Whatcom County as an Environmental Health Director.
- ◆ Cathy Bambrick was hired as the new Environmental Health Manager and began January 3, 2006. During the interim period, Nancy Goodloe managed the Environmental Health programs.

◆ *On-Site Sewage: Philip Martinez*

Mission Statement: To enhance and expand communication and education resources relative to all on-site sewage program activities of KCPHD.

Goal 1: To review, create, update, OSS program brochures.

Goal 2: Review and update the KCPHD webpage regarding OSS information.

Goal 3: To utilize newspaper and radio communication.

Goal 4: To create and update lists of those we work with.

Goal 5: To develop appropriate skills needed to enhance staffs ability to deliver strong educational information.

- ◆ Philip spent the 4th quarter writing DRAFT standard operating procedures for Onsite Sewage

(OSS) activities in collaboration with Nancy Goodloe and Rosalie Miller, Health Officer, including: OSS Site Evaluation, Community Drain field, OSS Easement, OSS Installer Licensing, OSS State Regulation Waiver Process, OSS Permit Approval Process, OSS Design Review, OSS Permit Design Application, Prorating of Fees, OSS As-Built, OSS Final Inspection, and Existing OSS Permit Approval Verification.

◆ ***Water: Holly Duncan***

Mission Statement: To enhance and expand communication and educational resources relative to all water program activities of KCPHD.

Goal 2: To review and update the KCPHD webpage regarding potable water information.

- ◆ Reviewed the Group B handout and made notations for suggested changes to wording and formatting. The document was prepared for the web page.
- ◆ Completed all follow-up letters and diagrams for Group A sanitary surveys that were performed in 2005.
- ◆ Worked with CDS and the PRT to change the water availability form used for all building permit applications. The goal is to improve public service as well as prevent issuance of building permits that include an individual or group B well system when a public water system, that is not yet approved, would be more appropriate.
- ◆ Completed the Joint Plan of Operation (JPO) with DOH. Recommendations were presented to the BOH for their direction. The decision was made to continue to provide the current level of service for Group B Public water systems.
- ◆ Approved the Group B water system for Mike Jackson, developer of Grasslands Park water system. He provided bonding of the system. Kittitas County Public Works Department took the lead on the bonding. The work was completed in the 4th quarter of 2005 and the funds were released.

◆ ***Schools: Holly Duncan***

- ◆ Worked with the Ellensburg Christian School on design review for the new school. Provided consultation on items that needed to be addressed to provide a safe school environment for grades K-8.
- ◆ Attended a school safety workshop in Wenatchee.
- ◆ Initiated the first set of USDA school kitchen inspections for the year.

◆ ***Camps and Parks: Holly Duncan***

- ◆ No activity this quarter.

◆ ***Food: Melissa Schumaier***

- ◆ Melissa Schumaier was hired in December of 2005. She spent the month of December in training with Mary Ferluga and Janet Anderberg with Washington State Department of Health. Mary Ferluga spent three days in Ellensburg and did intense training using the Washington State Administrative codes. An educational opportunity arose when a new establishment had a pre-opening inspection and there were 65 red violation points (5 points away from closure). Melissa worked with the establishment to educate them on how to prevent this from happening in the future to ensure issuance of their permit.
- ◆ Melissa also had the opportunity to speak with several members of the community on a restaurant

complaint during the month of December.

◆ ***Pools: Melissa Schumaier***

- ◆ No activity this quarter.

◆ ***Vector: Melissa Schumaier***

- ◆ Initiated meetings with Ellensburg Animal Shelter to discuss a new vector/animal bite policy for the Health Department.

◆ ***Nuisance/Other: Environmental Health Staff***

- ◆ No activity this quarter.

◆ ***Solid Waste: Nancy Goodloe***

- ◆ In John's absence, I dealt with several solid waste issues during this quarter and coordinated with the County Code Enforcement officer on some of these. I coordinated with other CDS staff on several other processes.
- ◆ I reviewed the permit application for a wood recycling facility on Horlick Rd. and began figuring out next steps with this process.
- ◆ I visited with a gentleman who wants to bring PCS into the county and use it to cover the roads on his property at Ryegrass Ranches. I provided information on the SEPA Review process and encouraged him to complete that application and return to CDS. CDS conducts the SEPA reviews in the county.
- ◆ Phil and I inspected the 5 solid waste facilities we have in this county for the routine quarterly inspections. No major problems or concerns were found at any of the facilities.

ENVIRONMENTAL HEALTH DATA FOR 2003 - 2005

PROGRAM		2005				TOTAL		
		1 ST QTR	2 ND QTR	3 RD QTR	4 TH QTR	2005	2004	2003
ONSITE SEWAGE								
▪ Permits	New	73	136	118	68	395	341	302
	Repair	7	13	11	12	43	32	51
	Renewal	5	10	3	16	34	12	12
	Total	85	159	132	96	472	385	365
	Site Evaluations	70	142	110	56	378	380	312
▪ Short Plats	Approved	4	13	12	14	43	10	26
	Submitted	23	26	18	21	88	59	44
▪ Long Plats	Approved	0	5	4	4	13	0	5
	Submitted	1	10	11	7	29	3	9
	Realtors Requests	35	60	63	45	203	209	210
	Complaints	5	7	4	0	16	17	26

PROGRAM		2005				TOTAL		
		1 ST QTR	2 ND QTR	3 RD QTR	4 TH QTR	2005	2004	2003
▪ Planning Review	SEPA	7	9	32	0	48	96	50
	CUP's	1	5	2	0	8	26	20
	Variance	5	9	4	0	18	33	25
WATER								
▪ Water & Sewage Evaluations	Sewage	0	1	1	0	2	2	5
	Water	0	0	0	0	0	4	10
	Both	1	1	1	0	3	6	6
	Total	1	2	2	0	5	12	21
	Sanitary Surveys Performed	0	0	12	0	12	5	6
	Group B Water System Inspected	9	18	10	2	39	36	23
▪ Other	Well Site Inspections	3	9	14	12	38	9	22
	Well Delegation	21	25	11	20	77	68	85
	Private Bacteriological Sampling	0	0	0	0	0	0	2
	Private Nitrate Sampling	0	0	0	0	0	0	0
	Group B Paperwork Received	5	2	6	5	18	10	12
	Group B Systems Approved	6	3	4	5	18	7	7
	Farm Exemptions Received	0	1	1	0	2	0	0
	Farm Exemptions Approved	0	1	1	0	2	0	0
	Well Variances Granted	0	0	0	0	0	5	3
	Well Variances Denied	0	0	0	0	0	1	1
	Complaints	0	0	0	0	0	2	4
	Group A/B Sources GPS'd	0	0	0	0	0	0	8
	Group A Nitrate Samples Drawn	0	0	0	0	0	0	0
FOOD								
▪ Permits	Food Establishments Permits	8	179	44	20	251	252	252
	Temporary Food Service Permits	3	16	37	3	59	70	88
	Food Handler Permits	399	463	502	417	1781	1509	1426
▪ Inspections	Routine Inspections Performed	49	64	44	8	165	230	242
	Re-inspections	0	0	0	6	6	6	10
	Pre-Opening Inspections	6	3	2	4	15	13	19
	CWU Quarterly Inspections	1	5	3	0	9	16	16
	Jail Inspections	1	1	1	0	3	4	4
	Temporary Food Inspections	1	3	0	55	59	158	175
	Red Item Violation Over 15 points	0	1	2	1	4	7	14
▪ Other	Complaints	4	3	5	3	15	13	26
	Design Plans Reviewed	0	5	1	4	10	14	

PROGRAM		2005				TOTAL		
		1 ST QTR	2 ND QTR	3 RD QTR	4 TH QTR	2005	2004	2003
VECTOR								
	Rabies/Animals Tested	0	1	1	0	2	3	9
	Bites/Complaints	17	22	0	2	39	88	87
	Other	0	4	3	0	7	4	8
SOLID WASTE								
	Inspections Performed	6	6	6	6	24	24	27
	Complaints	3	14	18	10	45	22	57
SCHOOLS								
	Plans Reviewed	0	0	0	0	0	1	1
	Inspections	9	11	0	0	20	29	20
	School Kitchen Inspections	10	10	0	3	23		
	Playground Inspections	6	8	0	0	14	12	12
	Tools for Schools Inspections	0	0	0	0	0	0	9
	Complaints	0	0	0	0	0	4	
PUBLIC POOLS & SPAS								
	Pools /Spas Permits	2	18	3	0	23	18	21
	Inspections	10	0	13	0	23	35	31
	Complaints	0	1	0	0	1	1	1
CAMPS & PARKS								
	Permits	0	15	0	0	15	17	19
	Inspections	0	1	19	0	20	18	18
OTHER COMPLAINTS								
	Landlord/Tenant	0	0	0	0	0	3	7
	Other	7	5	6	0	18	25	25